

Dear all,

here are some instructions for those of you who are accommodated at Lammi Biological Station

There will be transportation from Lammi Biological Station to the Congress venue and back during every Congress day (from the 8th to the 14th of August) as follows:

From Lammi Biological Station to the Congress Venue

Hotel	Sun 8 th	Mon 9th	Tue 10th	Wed 11th	Thu 12th	Fri 13th	Sat 14th
Lammi	14.00	07.30	07.30	07.00	07.30	07.30	07.30

From the Congress Venue to Lammi Biological Station (buses leave from Theatre parking place)

Hotel	Sun 8 th (from Sibelius hall)	Mon 9th	Tue 10th	Wed 11th	Thu 12th	Fri 13th	Sat 14th
Lammi	21.15	21.30	19.30	19.00	19.30	19.30	-

To be able to use this service, you are asked to buy a bus ticket package for 30 euros and that can be added to your registration if it is not included yet. Please contact the Congress Secretariat for this at: sil-2004@helsinki.fi

HOW TO GET TO LAMMI

When arriving at Helsinki International Airport, you FIRST take a bus to Lahti, it takes about 1,5 hrs. The bus leaves at every hour (08.00, 09.00, 10.00 etc) from platform 1C.

Get off the bus at Lahti bus station. THEN take a bus to Lammi parish village (kirkonkylä) from platform 9 or 10.

Timetable for those who arrive in Finland on the 7th of August

Departure from Lahti bus station to Lammi parish village

	Departure	Platform	Arrival	length
1	04:55	<u>10</u>	05:25	00:30
2	05:50	<u>9</u>	06:15	00:25
3	07:15	<u>9</u>	07:50	00:35
4	08:15	<u>10</u>	08:55	00:40
5	08:30	<u>9</u>	09:05	00:35
6	10:00	<u>10</u>	10:40	00:40
7	10:15	<u>9</u>	10:50	00:35
8	11:30	<u>10</u>	12:15	00:45
9	12:00	<u>10</u>	12:35	00:35
10	12:25	<u>9</u>	13:10	00:45
11	12:45	<u>10</u>	13:25	00:40
12	13:30	<u>9</u>	14:10	00:40
13	14:15	<u>10</u>	14:55	00:40

14	14:45	<u>9</u>	15:20	00:35
15	15:00	<u>10</u>	15:50	00:50
16	15:45	<u>9</u>	16:20	00:35
17	16:25	<u>10</u>	17:00	00:35
18	17:05	<u>10</u>	17:40	00:35
19	17:30	<u>9</u>	18:05	00:35
20	19:30	<u>10</u>	20:05	00:35
21	20:00	<u>9</u>	20:35	00:35

Buses departing from Lahti bus station to Lammi parish village (kirkonkylä) on the 8th of August 2004:

	Departure	Platform	Arrival	Length
1	04:55	<u>10</u>	05:25	00:30
2	05:50	<u>9</u>	06:15	00:25
3	07:15	<u>9</u>	07:50	00:35
4	08:15	<u>10</u>	08:55	00:40
5	08:30	<u>9</u>	09:05	00:35
6	10:00	<u>10</u>	10:40	00:40
7	10:15	<u>9</u>	10:50	00:35
8	11:30	<u>10</u>	12:15	00:45
9	12:00	<u>10</u>	12:35	00:35
10	12:45	<u>10</u>	13:25	00:40
11	13:30	<u>9</u>	14:10	00:40
12	14:15	<u>10</u>	14:55	00:40
13	14:45	<u>9</u>	15:20	00:35
14	15:45	<u>9</u>	16:20	00:35
15	16:25	<u>10</u>	17:00	00:35
16	17:05	<u>10</u>	17:40	00:35
17	17:30	<u>9</u>	18:05	00:35
18	19:30	<u>10</u>	20:05	00:35
19	20:00	<u>9</u>	20:35	00:35
20	22:00	<u>10</u>	22:45	00:45

AFTER arriving at Lammi parish village, you have to take a taxi to the Biological Station. Taxis available at the Lammi bus station, telephone: +358 (0)3 106 2500.

LAMMI BIOLOGICAL STATION

Those of you who arrive on Monday – Friday between 09.00-1600 can register in the Station office. The office is situated in the main building (number 1 on the map), directly to the right after the main entrance.

Those of you, who arrive after any other time, are advised to go to the dormitory's leisure room, where the room keys will be waiting. You will find the leisure room by entering the dormitory (number 2 on the map) building through the red framed door (not blue framed) and using code 4763 to open the electrical lock. The leisure room is to the right from the entrance hall. It is possible to order an evening snack in advance to be set in the leisure room. Coffee or tea, bread, cold cuts for 7 euros. If a salad is included to the previous, it will cost 8,50 euros. All order directly to: bio+lammi@mappi.helsinki.fi

Breakfast will be served in the dining room of the main building every day from 06.30 onwards. If the main entrance is locked for some reason, you can use the same code (4763) to enter the building. The dining room is to the left from the entrance hall.

For ALL further information concerning the Lammi Biological Station, please contact them directly at : bio+lammi@mappi.helsinki.fi

You can pay for the accommodation directly at the Lammi Biological Station. Payments either by cash or by Visa, Visa Electron or Mastercard, no other credit cards are accepted.

MAP OF THE STATION AREA



1. Main building
2. Dormitory
3. "Piikala" ja "Herrala"

Contact information of Lammi Biological Station:

Address: Pääjärventie 320
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<http://www.helsinki.fi/lammi>